



**North Star
Naturalist**
See More Outdoors

Torrey Pines Guided Hike: Coastal Views, Rare Pines, and Hidden Geology



Experience San Diego's most iconic coastal hike with the stories and science most visitors miss. Torrey Pines State Natural Reserve is home to one of the rarest pine species in the United States, dramatic sandstone cliffs, and sweeping Pacific Ocean views. But beyond the scenery lies a deeper story of geology, conservation, and ecological resilience.



Led by expert naturalist Cypress Hansen, you explore how ancient forces shaped the park's dramatic cliffs, learn how a single pine species survived against the odds, and hear the story behind the park's early protection.

- ▶ Perfect for: Photographers, native plant lovers, ocean seekers, birders, anyone who enjoys spectacular views
- ▶ Distance: About 1 mile (easy and flat)
- ▶ Duration: We go at your pace! Usually ~1.5-2.5 hours
- ▶ Location: Torrey Pines State Reserve



*Enjoy a fresh ocean breeze
beneath a rare Torrey Pine forest*



*Take in one of California's most
dramatic, yet relaxing landscapes*



*See and learn about San Diego's
unique and rare native plants*